Contact: Miss Tami 720-318-6220 joyfulsolesdance@live.com Mailing address: (Office-Payments) 5609 W. Alder Way, Littleton, CO 80128



Studio Address:

6695 W Ken Caryl Ave, Littleton, CO 80128 www.joyfulsolesdance.com

2022 Fall-Spring 2023 Dance, Fitness, Music & Theater Season

Welcome to Joyful Soles Dance & Performing Arts.

This packet contains...
A list of our Important Dates, and pricing
Our season Dance and Fitness Schedule, and...
Our Dress Code

We offer a full range of **Dance** options for ages 3yrs-Adult **Barre Fitness & Pilates** in studio or via Zoom are offered twice weekly for a drop-in rate of \$12 per class Please view the next page for our Full Schedule

We are happy to offer one **FREE TRIAL** class for our Regular Dance Classes... before our season registration closes on October 1st. **Please Call** to arrange a visit.

At Joyful Soles, our dancers share a class dance, "in studio" just before Christmas break. We call this week-long event, "A Time for Rejoicing!" this year our sharing week is December 12th -16th Please mark your calendars and join us for the last 15 min of your dancer's class.

We offer select morning classes for Home School families. Students enjoy our "Random ACTs" Theater and Vocal music classes as well as Ballet, Hip Hop and Irish Dance.

Our Random ACTs Theatre & Vocal Music students will present

"A Christmas Yarn" December 10th 2022 at 3:00pm Everyone is welcome. Admission is Free

Our **Random ACTs Theatre & Vocal Music** spring presentation is April 30th 2023 at 3:00pm Play-TBA
Everyone is welcome. Admission is Free

REGISTER AT: https://app.thestudiodirector.com/joyfulsolesdance/portal.sd

Our Dancer's diligently learn from September-May in preparation for ...

Joyful Soles Spring Production! Story... TBA

Every Dance class at Joyful Soles tells a piece of our story. Each Dancer is part of our "Corps de Ballet"

Dates & Location for our Spring Production TBA depending on Venue availability We hope to set May 10th-13th as our production week. Details will be available no later than January 2nd.

NEW! 2 Ballet Classes!

On Mondays from 7-8PM we've added "Back to Ballet" This non-performance class is for Dancers wishing to get back into Ballet. AND...
For Adults and Teens who've never been Ballet Dancers

and would love to being learning, we've added

Ballet Beginnings on Thursdays from 4:00-5:00

Audition Invitation

Intermediate/Advanced Dancers ages 13-College, taking 3+classes weekly, including Ballet level 2 or higher, are invited to Audition for our Dance Company on November 12^{th.} From 8:30-11:30am. Company Dancers work with Miss Killian to learn additional choreography used to seam our class dances together into one wonderful story.

Please call Miss Tami at 720-318-6220 to reserve your audition time. Additional fee applies. Please see our Pricing page.



Aug. 29 th	Our 2022 Fall –Spring 2023 Season Begins!								
Sept. 5 th	Labor Day - No Classes at Joyful Soles								
October 1st	SEASON REGISTRATION CLOSES								
October 1st	PARENT MEETING/ORIENTATION								
8:30-9:30am	In Studio & on Zoom								
	One Parent from each family, please attend								
Oct 10 th	Columbus Day – Yes! We have class.								
Oct 29 th 9:00-4:30pm	"Completely HIS" Dance Intensive								
Nov 12 th	AUDITIONS for level 2 and higher dancer wishing to								
8:30-11am	participate in our DANCE COMPANY								
Nov 21 st -25 th Thanksgiving Break Counting our Blessings									
Dec 10 th									
3:00 pm	"A Christmas Yarn"								
Dec 13 th -17 th	"A Time to Rejoice!"								
	A week of Dance "classroom" presentations								
Dec 16 th	NO CLASS for "Random ACTs"								
	Theatre & Vocal Music								
Dec 19 th - Jan 1 st Christmas Break									
For Unto us a Savior is born!									
Welcome 2023! '	"I know the plans I have for you," declares The LORD, plans								
to prosper you	and not to harm you, plans to give you hope and a future."								
Jan 16 th	Martin Luther King Day –Yes! We have Classes								
Feb 20 th	President's Day – Yes! We have Classes								
March 13 th -17 ^t	h Spring Break!								
March 25 th	Picture Day at Joyful Soles Studio								
8:30am-5:pm	A schedule will be posted as we near this date.								
April 7 th -9 th	HE IS RISEN - No classes on Friday								
April 28th	Last Class Day for "Random ACTs"								
	Theatre & Vocal Music								
April 29 th	"Random ACTs" Theatre & Vocal Music Present								
3:00pm	TBA								
May 10 th -13 th	Please SAVE THESE DATES								
	for our Spring Production 😊								
May 20 th	Dance Placement Day								
8:00-11:30am	Levels for summer and our next session will be decided								
May 26 th	Last Day of our Fall-Spring session								
	May 29 th -June 9 th Summer Break								
Summer Session - June 12 th - August 11 th									
August 28th 2023 Fall 2023-Spring 2024 season begins									

Production Costs

Joyful Soles Corps-de-Ballet (All Dancers at our studio)

Our Spring Production Fee is \$150 for your first dancer and \$100 for each additional dancer. This fee covers all expenses pertaining to our presentation and includes 2 tickets for one of our presentations.

"Company Dancers" commit to attend scheduled Company rehearsals, assist preparing for and managing our production and pay an additional Company production fee of \$165. For more information, contact Miss Tami 720-318-6220

Barre Fitness & Pilates in studio or via Zoom are offered twice weekly for a **drop-in rate** of \$12 per class. Registration Forms are required.

Home School "Random ACTs" Theater Tuition Cost: First Family member \$45 per month

Additional family members \$30 per month **Annual Production Fees:**

\$90 for the 1st family member &

\$45 for each additional family member

Home School "Random ACTs" **Vocal Music Class**

\$30 per month per student \$30 Annual Production fee per student.

We are happy to offer one FREE TRIAL class for our Regular Dance Classes...

before our season registration closes on October 1st. Please Call to arrange a visit.

Monthly Dance Tuition,								
based on total weekly hours of Dance								
Weekly	Monthly		Weekly	Monthly				
Class	Payment		Class	Payment				
Hours			Hours					
45 ^{min.}	\$47		3.75 ^{hrs.}	\$178				
1 ^{hr.}	\$57		4 hrs.	\$185				
preschool								
1 ^{hr.}	\$62		4.25 hrs.	\$193				
1.25 ^{hrs.}	\$76		4.5 hrs.	\$200				
1.5 hrs.	\$90		4.75 hrs.	\$208				
1.75 ^{hrs.}	\$102		5 hrs.	\$215				
2 hrs.	\$113		5.25 ^{hrs.}	\$223				
2.25 ^{hrs.}	\$127		5.5 hrs.	\$230				
2.5 hrs.	\$141		5.75 ^{hrs.}	\$238				
2.75 ^{hrs.}	\$148		6 ^{hrs.}	\$245				
3 hrs.	\$154		6.25 ^{hrs.}	\$253				
3.25 ^{hrs.}	\$162		*6.5+ ^{hrs.}	\$260				
3.5 hrs.	\$170		*Unlimited Dance					
		\$260 for 1 Dancer						

"COMPLETELY HIS" Saturday Dance Intensive

Dancers 13+years

Dancing at level 2 or higher are invited to join us

Saturday October 29th 9am-4:30pm Cost: \$100

9:00-9:15am-- Morning Devotions

9:15-10:00am--Pilates or Camp Gladiator Warm-up

10:00-11:25am-- Ballet Technique

11:25-11:35am--Snack Break

11:35-1:00pm--Contemporary Technique

1:00-1:30pm--Lunch and Bible Study

1:30-2:30pm--Musical Theatre

2:30-3:30pm--Hip Hop

3:30-4:30pm--Lyrical

These will be jam-packed days, so be sure to bring plenty of snacks, water, and a lunch!

Register at: https://app.thestudiodirector.com/joyfulsolesdance/portal.sd



Our Classes BEGIN August 29th Class sizes are limited. Registration for Dance Classes closes October 1st.

Fall 2022-Spring 2023 Schedule for Dance, Fitness, Music &Theater

Dancers joining classes for the first time or wishing to change levels must have the approval of the Director & the Class Instructor

Mon. AM	Dance Room #1	Ages	Instructor	Mon. AM	Dance Room #2	Ages	Instructor	Mon. AM	Dance Room #3	Ages	Instructor
								9:15-10:00	Mustard Seeds 1	3-4yrs	Miss Tami
				10:15-11:15	Mustard Seeds 3	K5-6	Miss Tami	10:15-11:15	Mustard Seeds 2	4-5yrs	Miss Symone
Mon. PM	Dance Room #1	Ages	Instructor	Mon. PM	Dance Room #2	Ages	Instructor	Mon. PM	Dance Room #3	Ages	Instructor
4:00-5:00	Lyrical 2	Teen/Adult	Miss Killian	4:00-5:00	Lyrical 1	Teen/Adult	Miss Bella	4:00-5:00	Stretch & Strength	7-12	Miss Carmen
5:00-6:00	Jazz 2	Teen/Adult	Miss Killian	5:00-6:00	Jazz 1	Teen/Adult	Miss Bella	5:00-6:00	Tap Beg	7-12	Miss Lillian
6:00-7:00	Ballet 1	Teen/Adult	Miss Addie	6:00-7:30	Ballet 4-A	Teen/Adult	Miss Killian	6:00-7:00	Hip Hop Beg	7-12	Miss Lillian
7:00-8:00	Adult Back to Ballet	Adult	Miss Rebecca	7:30-8:30	Lyrical 3-4	Teen/Adult	Miss Killian				
Tues. AM	Dance Room #1	Ages	Instructor	Tues. AM	Dance Room #2	Ages	Instructor	Tues. AM	Dance Room #3	Ages	Instructor
				10-11:30am	Ballet/Tap/Jazz	7-9yrs.	Miss Tami	9:00-9:45	Mustard Seeds 1	3-4yrs	Miss Tami
Tues. PM	Dance Room #1	Ages	Instructor	Tues. PM	Dance Room #2	Ages	Instructor	Tues. PM	Dance Room #3	Ages	Instructor
4:00-5:00	Hip Hop Int	9-Teen	Miss Connie	4:00-5:00	Mustard Seeds 3	K5-6	Miss Tami	4:00-5:00	Ballet Pointe Conditioning	Ballet 11yr- Level 4+	Miss Rebecca
5:00-6:00	Tap –Int	9-Teen	Miss Connie	5:00-6:00	Ballet	7-8yrs	Miss Sienna	5:00-6:00	Mustard Seeds 2	4-5yrs	Miss Cate
6:00-7:00	Int/Adv Hip Hop	Teen/Adult	Miss Connie	6:00-7:00	Jazz	7-8yrs	Miss Sienna	6:00-7:00	Contemporary 1	9-Teen	Miss Allie
7:00-8:00	Tap – Int/Adv	Teen/Adult	Miss Connie								
8:00-9:00	Ballet Barre *	Teen/Adult	Miss Connie								
Wed. AM	ZOOM	Ages	Instructor	Wed. AM	Dance Room #2	Ages	Instructor	Wed. AM	Dance Room #3	Ages	Instructor
7:30-8:30	Pilates	Teen/Adult	Miss Killian								
Wed. PM	Dance Room #1	Ages	Instructor	Wed. PM	Dance Room #2	Ages	Instructor	Wed. PM	Dance Room #3	Ages	Instructor
4:00-5:00	Stretch & Strength	9-Teen	Miss Killian	4:00-5:00	Ballet-Int	9-12yrs	Miss Addie	4:00-5:00	Jazz Beg	9-12yrs	Miss Isabelle
5:00-6:00	Modern 2-3	Teen/Adult	Miss Killian	5:00-6:00	Ballet-Beg	9-12yrs	Miss Addie	5:00-6:00	Jazz-Int	9-12yrs	Miss Isabelle
6:00-7:00	Jazz 3	Teen/Adult	Miss Killian	6:00-7:00	Tap-Beg	13yr-Adult	Miss TBA				
7:00-8:30	Ballet 3 -A	Teen/Adult	Miss Killian	7:00-8:00	Lyrical/Worship	Adult	Miss TBA				
Thurs. PM	Dance Room #1	Ages	Instructor	Thurs. PM	Dance Room #2	Ages	Instructor	Thur. PM	Dance Room #3	Ages	Instructor
4:00-5:15	Ballet 2	Teen/Adult	Miss Erica	4:00-5:00	Jazz -4	Teen/Adult	Miss Killian	4:00-5:00	Ballet Beginnings	Teen/Adult	Miss Addie
5:15-6:00	Beg Pointe Tech	Ballet 2+3	Miss Erica	5:00-6:00	Contemporary 3-4	Teen/Adult	Miss Killian	5:00-6:00	Ballet Tech	9-12yrs	Miss Addie
6:00-7:00	Contemporary 2-3	Teen/Adult	Miss Killian	6:00-7:00	Int/Adv Pointe Tech	Ballet 3+4	Miss Erica	6:00-7:00	Lyrical	9-12yrs	Miss Addie
7:00-8:00	Ballet 3 Tech	Teen/Adult	Miss Killian	7:00-8:00	Ballet 4 Tech	Teen/Adult	Miss Erica				
Fri. AM	Dance Room #1	Ages	Instructor	Fri. AM	Dance Room #2	Ages	Instructor	Fri. AM	Dance Room #3	Ages	Instructor
8:30-9:30	Ballet Barre *	Teen/Adult	Miss Connie	8:45-9:45	Vocal Music	7-Teen	Miss Susie	9:00-9:45	Mustard Seeds 1	3-4yrs	Miss Tami
10:00-11:00	Irish Beginning	7-Teen -Miss Ja		10:00-11:00	Mustard Seeds 3	K5-6yrs	Miss Connie	10:00-11:00	Mustard Seeds 2	4-5yrs	Miss Symone
11:15-12:15	Beg Ballet	7-Teen	Miss Isabelle	11:15-12:15	Beg Hip Hop	K5-8yrs	Miss Lillian				
Fri. PM	Dance Room #1	Ages	Instructor	Fri. PM	Dance Room #2	Ages	Instructor	Fri. PM	Dance Room #3	Ages	Instructor
1:00-3:00	Musical Theatre	7yrs-Teen- Aman	da/Isabelle/Susie	3:00-4:00	Pilates	Teen/Adult	Miss Killian				
4:00-5:15	Ballet 1-2 Tech	Teen/Adult	Miss Killian	4:00-5:00	Irish Beginning	7yrs-Teen	Miss Jan	4:00-5:00	Mustard Seeds 2	4-5yrs	TBA
5:15-6:15		Teen/Adult	Miss Killian	5:15-6:15		7yrs-Teen	Miss Jan		Mustard Seeds 3	K5-6yrs	TBA

Class Dance Room #'s may change based on class size. Joyful Soles reserves the right to place students in the appropriate class level regardless of age.

Please contact: Miss Tami with any questions regarding class placement or registration. 720-318-6220 or joyfulsolesdance@live.com

All Classes are meeting IN OUR STUDIO. In the event a dancer must stay home, we are prepared to ZOOM them into classes.

Join us for *BARRE FITNESS classes Tuesday & Friday IN STUDIO or on ZOOM, or PILATES on Zoom Wednesdays mornings, or Friday afternoons in studio or on ZOOM.



Dress Code - 1 Corinthians 6:19

At Joyful Soles, our goal is to honor God in all we do. This includes honoring Him with our appearance. Please dress modestly.

Ladies: All shirts and leotards must come up to (or just below) the collarbone, cover your tummy and stay tucked in when doing floor work. If shorts are worn, tights, bike-shorts or leggings must be worn underneath them.

Gentleman: Pease wear athletic T-Shirts, or dance wear that can be tucked in during floor work. Wear soft, light weight jazz pants or joggers (tight at the ankles) No "Tank Tops" please. Shirts should either be long enough to "stay down" during warm ups and tricks or to be tucked in. Bike shorts and/or dance supports are required under gym shorts.

Required Classroom Attire:

Mustard Seeds 1-2:

Girls: Any color leotard with attached skirt, pink tights, pink Ballet shoes, and black Tap shoes. Hair: worn in a bun or away from face. Guys: Jazz pants or lightweight joggers (tight at the ankle), black athletic T-Shirt, black Ballet & Tap shoes

All Ballet Classes & Mustard Seeds 3:

Girls: Black leotards with attached skirt or black wrap, pink tights, and pink Ballet shoes: Mustard Seeds 3 also need black tap shoes.

You may wear a shrug or shirt over your leotard for warm ups. Hair: worn in a bun

Guys: Jazz pants or lightweight joggers (tight at the ankle), black athletic T-Shirt, black Ballet Shoes: Mustard Seeds 3 also need black tap shoes

Jazz & Theatre Dance:

Girls: Black Leotard, black Jazz pants, Lightweight Joggers, or tights & wrap. Black Jazz shoes Hair: worn away from face.

Guys: Jazz or lightweight joggers (tight at the ankle), athletic T-Shirt & black Jazz shoes

Modern, Contemporary, Lyrical & Worship Dance:

Girls: Black leotards, pink tights, ballet wrap, dance shorts w/tights, solid color leggings or Jazz pants and pink ballet shoes. Hair: worn in a bun.

Guys: Jazz or lightweight joggers (tight at the ankle), black athletic T-Shirt & Black Ballet Shoes

Tap:

Girls: Black Leotard, black Tap shoes and your choice of black Jazz pants, or tights & wrap or solid color leggings. Hair: worn away from face.

Guys: Jazz pants or lightweight joggers (tight at the ankle), black athletic T-Shirt & black Tap shoes

Hip Hop/Break Dance:

Guys and Girls: Jazz pants or lightweight joggers (tight at the ankle), T-shirts must stay down or tucked in during tricks. You will need Jazz sneakers, tennis shoes or Hip Hop shoes (for studio use only).

Hair: worn away from face.

Irish Dance:

Girls: Black leotards and; pink tights and a ballet wrap, or a black leotard worn with solid color leggings Black Ghillies.

You may wear a T-shirt over your leotard, Hair: worn in a bun.

Guys: Jazz or lightweight joggers (tight at the ankle), Athletic T-Shirt & Black Ghillies

Guys & Girls: Bring a pair of regular socks to wear with Hard Shoes.

Theatre & Vocal Classes: Guys and Girls: Comfortable clothing and clean athletic shoes.

Where the joy in our hearts puts a leap in our steps!