



Contact: Miss Tami 720-318-6220
joyfulsolesdance@live.com

6695 W Ken Caryl Ave, Littleton, CO 80128
www.joyfulsolesdance.com

2022 Fall-Spring 2023 Dance, Fitness, Music & Theater Season

Welcome to Joyful Soles Dance & Performing Arts.

This packet contains...

A list of our Important Dates, and pricing

Our season Dance and Fitness Schedule, and...

Our Dress Code

We offer a full range of **Dance** options for ages 3yrs-Adult
Barre Fitness & Pilates in studio or via Zoom are offered
twice weekly for a drop-in rate of \$12 per class
Please view the next page for our Full Schedule

We are happy to offer one **FREE TRIAL** class for our Regular *Dance* Classes...
before our season registration closes on October 1st.
Please Call to arrange a visit.

At Joyful Soles, our dancers share a class dance, “in studio” just
before Christmas break. We call this week-long event,
“A Time for Rejoicing!” this year our sharing week is December 12th -16th
Please mark your calendars and join us for the last 15 min of your dancer’s class.

We offer select morning classes for Home School families.
Students enjoy our “Random ACTs” Theater and Vocal music classes as well as
Ballet, Hip Hop and Irish Dance.

Our Random ACTs Theatre & Vocal Music students will present

“A Christmas Yarn” December 10th 2022 at 3:00pm
Everyone is welcome. Admission is Free

Our **Random ACTs Theatre & Vocal Music** spring presentation
is April 30th 2023 at 3:00pm Play-TBA
Everyone is welcome. Admission is Free

Our Dancer’s diligently learn from September-May in
preparation for ...

Joyful Soles Spring Production!

We are creating a new story! TBA

Every Dance class at Joyful Soles tells a piece of our story.
Each Dancer is part of our “Corps de Ballet”

Dates & Location for our Spring Production
TBA depending on Venue availability

We hope to set May 10th-13th as our production week.
Details will be available no later than January 2nd.

NEW! 2 Ballet Classes!

On Mondays from 7-8PM we’ve added “**Back to Ballet**”
This non-performance class is for Dancers wishing to
get back into Ballet. AND...

For Adults and Teens who’ve never been Ballet Dancers
and would love to being learning, we’ve added
Ballet Beginnings on Thursdays from 4:00-5:00

Audition Invitation

Intermediate/Advanced Dancers ages 13-College,
taking 3+classes weekly, including Ballet level 2 or higher,
are invited to Audition for our Dance Company on November 12th.
From 8:30-11:30am. Company Dancers work with Miss Killian
to learn additional choreography used to seam our class dances
together into one wonderful story.

Please call Miss Tami at 720-318-6220 to reserve your audition time.
Additional fee applies. Please see our Pricing page.



Aug. 29 th	Our 2022 Fall –Spring 2023 Season Begins!
Sept. 5 th	Labor Day - No Classes at Joyful Soles
October 1 st	SEASON REGISTRATION CLOSES
October 1 st 8:30-9:30am	PARENT MEETING/ORIENTATION In Studio & on Zoom <i>One Parent from each family, please attend</i>
Oct 10 th	Columbus Day – Yes! We have class.
Oct 29 th 9:00-4:30pm	“Completely HIS” Dance Intensive
Nov 12 th 8:30-11am	AUDITIONS for level 2 and higher dancer wishing to participate in our DANCE COMPANY
Nov 21 st -25 th	Thanksgiving Break <i>Counting our Blessings</i>
Dec 10 th 3:00 pm	Joyful Soles’ “Random ACTs” Present... <i>“A Christmas Yarn”</i>
Dec 13 th -17 th	“A Time to Rejoice!” A week of Dance “classroom” presentations
Dec 16 th	NO CLASS for “Random ACTs” Theatre & Vocal Music
Dec 19 th - Jan 1 st	Christmas Break For Unto us a Savior is born!
Welcome 2023! “I know the plans I have for you,” declares The LORD, plans to prosper you and not to harm you, plans to give you hope and a future.”	
Jan 16 th	Martin Luther King Day –Yes! We have Classes
Feb 20 th	President’s Day – Yes! We have Classes
March 13 th -17 th	Spring Break!
March 25 th 8:30am-5:pm	Picture Day at Joyful Soles Studio A schedule will be posted as we near this date.
April 7 th -9 th	HE IS RISEN – No classes on Friday
April 28 th	Last Class Day for “Random ACTs” Theatre & Vocal Music
April 29 th 3:00pm	“Random ACTs” Theatre & Vocal Music Present ... TBA
May 10 th -13 th	Please SAVE THESE DATES for our Spring Production 😊
May 20 th 8:00-11:30am	Dance Placement Day Levels for summer and our next session will be decided
May 26 th	Last Day of our Fall-Spring session
May 29 th -June 9 th	Summer Break
Summer Session - June 12th - August 11th	
August 28th 2023 Fall 2023-Spring 2024 season begins	

Production Costs

Joyful Soles Corps-de-Ballet (All Dancers at our studio)

Our Spring Production Fee is \$150 for your first dancer and \$100 for each additional dancer. This fee covers all expenses pertaining to our presentation and includes 2 tickets for one of our presentations.

“Company Dancers” commit to attend scheduled Company rehearsals, assist preparing for and managing our production and pay an additional Company production fee of \$165. **For more information, contact Miss Tami 720-318-6220**

Barre Fitness & Pilates in studio or via Zoom are offered twice weekly for a **drop-in rate** of \$12 per class. **Registration Forms are required.**

Home School “Random ACTs” Theater

Tuition Cost: First Family member **\$45 per month**
Additional family members \$30 per month
Annual Production Fees:
\$90 for the 1st family member &
\$45 for each additional family member

Home School “Random ACTs”

Vocal Music Class
\$30 per month per student
\$30 Annual Production fee per student.

We are happy to offer one **FREE TRIAL** class for our Regular *Dance Classes*...
before our season registration closes on October 1st.
Please Call to arrange a visit.

Monthly Dance Tuition, based on total weekly hours of Dance			
Weekly Class Hours	Monthly Payment	Weekly Class Hours	Monthly Payment
45 ^{min.}	\$47	3.75 ^{hrs.}	\$178
1 hr.	\$57	4 hrs.	\$185
preschool			
1 hr.	\$62	4.25 ^{hrs.}	\$193
1.25 ^{hrs.}	\$76	4.5 hrs.	\$200
1.5 hrs.	\$90	4.75 ^{hrs.}	\$208
1.75 ^{hrs.}	\$102	5 hrs.	\$215
2 hrs.	\$113	5.25 ^{hrs.}	\$223
2.25 ^{hrs.}	\$127	5.5 hrs.	\$230
2.5 hrs.	\$141	5.75 ^{hrs.}	\$238
2.75 ^{hrs.}	\$148	6 hrs.	\$245
3 hrs.	\$154	6.25 ^{hrs.}	\$253
3.25 ^{hrs.}	\$162	*6.5+ hrs.	\$260
3.5 hrs.	\$170	*Unlimited Dance	\$260 for 1 Dancer

“COMPLETELY HIS” Saturday Dance Intensive

Dancers 13+years
Dancing at level 2 or higher are invited to join us
Saturday October 29th 9am-4:30pm Cost: \$100
9:00-9:15am-- Morning Devotions
9:15-10:00am--Pilates or Camp Gladiator Warm-up
10:00-11:25am-- Ballet Technique
11:25-11:35am--Snack Break
11:35-1:00pm--Contemporary Technique
1:00-1:30pm--Lunch and Bible Study
1:30-2:30pm--Musical Theatre
2:30-3:30pm--Hip Hop
3:30-4:30pm--Lyrical

These will be jam-packed days, so be sure to bring plenty of snacks, water, and a lunch!



Our Classes BEGIN August 29th Class sizes are limited.
 Sign up soon! Registration for Dance Classes closes October 1st.
 Find our registration packet at: www.joyfulsolesdance.com

Fall 2022-Spring 2023 Schedule for Dance, Fitness, Music & Theater

Dancers joining classes for the first time or wishing to change levels must have the approval of the Director & the Class Instructor

Mon. AM	Dance Room #1	Ages	Instructor	Mon. AM	Dance Room #2	Ages	Instructor	Mon. AM	Dance Room #3	Ages	Instructor
				10:15-11:15	Mustard Seeds 3	K5-6	Miss Tami	9:15-10:00	Mustard Seeds 1	3-4yrs	Miss Tami
								10:15-11:15	Mustard Seeds 2	4-5yrs	Miss Symone
Mon. PM	Dance Room #1	Ages	Instructor	Mon. PM	Dance Room #2	Ages	Instructor	Mon. PM	Dance Room #3	Ages	Instructor
4:00-5:00	Lyrical 2	Teen/Adult	Miss Killian	4:00-5:00	Lyrical 1	Teen/Adult	Miss Bella	4:00-5:00	Stretch & Strength	7-12	Miss Carmen
5:00-6:00	Jazz 2	Teen/Adult	Miss Killian	5:00-6:00	Jazz 1	Teen/Adult	Miss Bella	5:00-6:00	Tap Beg	7-12	Miss Lillian
6:00-7:00	Ballet 1	Teen/Adult	Miss Addie	6:00-7:30	Ballet 4	Teen/Adult	Miss Killian	6:00-7:00	Hip Hop Beg	7-12	Miss Lillian
7:00-8:00	Adult Back to Ballet	Adult	Miss Rebecca	7:30-8:30	Lyrical 3-4	Teen/Adult	Miss Killian				
Tues. AM	Dance Room #1	Ages	Instructor	Tues. AM	Dance Room #2	Ages	Instructor	Tues. AM	Dance Room #3	Ages	Instructor
				10-11:30am	Ballet/Tap/Jazz	7-9yrs.	Miss Tami	9:00-9:45	Mustard Seeds 1	3-4yrs	Miss Tami
Tues. PM	Dance Room #1	Ages	Instructor	Tues. PM	Dance Room #2	Ages	Instructor	Tues. PM	Dance Room #3	Ages	Instructor
4:00-5:00	Hip Hop Int	9-Teen	Miss Connie	4:00-5:00	Mustard Seeds 3	K5-6	Miss Tami	4:00-5:00	Ballet Conditioning	Ballet 2+3	Miss Rebecca
5:00-6:00	Tap -Int	9-Teen	Miss Connie	5:00-6:00	Ballet	7-8yrs	Miss Sienna	5:00-6:00	Mustard Seeds 2	4-5yrs	Miss Cate
6:00-7:00	Int/Adv Hip Hop	Teen/Adult	Miss Connie	6:00-7:00	Jazz	7-8yrs	Miss Sienna	6:00-7:00	Contemporary 1	9-Teen	Miss Allie
7:00-8:00	Tap - Int/Adv	Teen/Adult	Miss Connie								
8:00-9:00	Ballet Barre *	Teen/Adult	Miss Connie								
Wed. AM	ZOOM	Ages	Instructor	Wed. AM	Dance Room #2	Ages	Instructor	Wed. AM	Dance Room #3	Ages	Instructor
7:30-8:30	Pilates	Teen/Adult	Miss Killian								
Wed. PM	Dance Room #1	Ages	Instructor	Wed. PM	Dance Room #2	Ages	Instructor	Wed. PM	Dance Room #3	Ages	Instructor
4:00-5:00	Stretch & Strength	9-Teen	Miss Killian	4:00-5:00	Ballet-Int	9-12yrs	Miss Addie	4:00-5:00	Jazz Beg	9-12yrs	Miss Isabelle
5:00-6:00	Modern 2-3	Teen/Adult	Miss Killian	5:00-6:00	Ballet-Beg	9-12yrs	Miss Addie	5:00-6:00	Jazz-Int	9-12yrs	Miss Isabelle
6:00-7:00	Jazz 3	Teen/Adult	Miss Killian	6:00-7:00	Tap-Beg	13yr-Adult	Miss TBA				
7:00-8:30	Ballet 3	Teen/Adult	Miss Killian	7:00-8:00	Lyrical/Worship	Adult	Miss TBA				
Thurs. PM	Dance Room #1	Ages	Instructor	Thurs. PM	Dance Room #2	Ages	Instructor	Thurs. PM	Dance Room #3	Ages	Instructor
4:00-5:15	Ballet 2	Teen/Adult	Miss Erica	4:00-5:00	Jazz -4	Teen/Adult	Miss Killian	4:00-5:00	Ballet Beginnings	Teen/Adult	Miss Addie
5:15-6:00	Beg Pointe Tech	Ballet 2+3	Miss Erica	5:00-6:00	Contemporary 3-4	Teen/Adult	Miss Killian	5:00-6:00	Ballet Tech	9-12yrs	Miss Addie
6:00-7:00	Int/Adv Pointe Tech	Ballet 3+4	Miss Erica	6:00-7:00	Contemporary 2-3	Teen/Adult	Miss Killian	6:00-7:00	Lyrical	9-12yrs	Miss Addie
7:00-8:00	Ballet 3-4	Teen/Adult	Miss Erica	7:00-8:00							
Fri. AM	Dance Room #1	Ages	Instructor	Fri. AM	Dance Room #2	Ages	Instructor	Fri. AM	Dance Room #3	Ages	Instructor
8:30-9:30	Ballet Barre *	Teen/Adult	Miss Connie	8:45-9:45	Vocal Music	7-Teen	Miss Susie	9:00-9:45	Mustard Seeds 1	3-4yrs	Miss Tami
10:00-11:00	Irish Beginning	7-Teen -Miss Jan /Miss Lillian		10:00-11:00	Mustard Seeds 3	K5-6yrs	Miss Connie	10:00-11:00	Mustard Seeds 2	4-5yrs	Miss Symone
11:15-12:15	Beg Ballet	7-Teen	Miss Isabelle	11:15-12:15	Beg Hip Hop	K5-8yrs	Miss Lillian				
Fri. PM	Dance Room #1	Ages	Instructor	Fri. PM	Dance Room #2	Ages	Instructor	Fri. PM	Dance Room #3	Ages	Instructor
1:00-3:00	Musical Theatre	7yrs-Teen- Amanda/Isabelle/Susie		3:00-4:00	Pilates	Teen/Adult	Miss Killian				
4:00-5:15	Ballet 1-2 Tech	Teen/Adult	Miss Killian	4:00-5:00	Irish Beginning	7yrs-Teen	Miss Jan	4:00-5:00	Mustard Seeds 2	4-5yrs	TBA
5:15-6:15	Modern - 4	Teen/Adult	Miss Killian	5:15-6:15	Irish Intermediate	7yrs-Teen	Miss Jan	5:15-6:15	Mustard Seeds 3	K5-6yrs	TBA

Class Dance Room #'s may change based on class size. Joyful Soles reserves the right to place students in the appropriate class level regardless of age.

Please contact: Miss Tami with any questions regarding class placement or registration. 720-318-6220 or joyfulsolesdance@live.com

All Classes are meeting IN OUR STUDIO. In the event a dancer must stay home, we are prepared to ZOOM them into classes.

Join us for *BARRE FITNESS classes Tuesday & Friday IN STUDIO or on ZOOM, or PILATES on Zoom Wednesdays mornings, or Friday afternoons in studio or on ZOOM.



Dress Code - 1 Corinthians 6:19

At Joyful Soles, our goal is to honor God in all we do. This includes honoring Him with our appearance. Please dress modestly.

Ladies: All shirts and leotards must come up to (or just below) the collarbone, cover your tummy and stay tucked in when doing floor work. If shorts are worn, tights, bike-shorts or leggings must be worn underneath them.

Gentleman: Please wear regular or athletic T-Shirts, or dance wear that can be tucked in during floor work. Wear soft, light weight jazz or sweat pants. No "Tank Tops" please. Shirts should either be long enough to "stay down" during warm ups and tricks or to be tucked in. Bike shorts and/or dance supports are required under gym shorts.

Required Classroom Attire:

Mustard Seeds 1-2:

Girls: Any color leotard with attached skirt, pink tights, pink Ballet shoes, and black Tap shoes. **Hair:** worn in a bun or away from face.

Guys: Jazz or lightweight sweatpants, black athletic T-Shirt, black Ballet & Tap shoes

All Ballet Classes & Mustard Seeds 3:

Girls: Black leotards with attached skirt or black wrap, pink tights, and pink Ballet shoes. Mustard Seeds also need black tap shoes.

You may wear a shrug or shirt over your leotard, **Hair:** worn in a bun

Guys: Jazz or lightweight sweatpants, black athletic T-Shirt, and black Ballet shoes

Jazz & Theatre Dance:

Girls: Black Leotard, Black Jazz shoes and your choice of black Jazz pants, Capri pants, or tights & wrap. **Hair:** worn away from face.

Guys: Jazz or lightweight sweatpants, athletic T-Shirt & black Jazz shoes

Modern, Contemporary, Lyrical & Worship Dance:

Girls: Black leotards, pink tights, ballet wrap, dance shorts, capri's or Jazz pants and pink ballet shoes. **Hair:** worn in a bun.

Guys: Jazz or lightweight sweatpants, black athletic T-Shirt & Black Ballet Shoes

Tap:

Girls: Black Leotard, black Tap shoes and your choice of black Jazz pants, capri pants, or tights & wrap. **Hair:** worn away from face.

Guys: Jazz or lightweight sweatpants, black athletic T-Shirt & black Tap shoes

Hip Hop/Break Dance:

Guys and Girls: Jazz or sweatpants, T-shirts must stay down or tucked in during tricks. You will need Jazz sneakers, tennis shoes or Hip Hop shoes (*for studio use only*).

Hair: worn away from face.

Irish Dance:

Girls: Black leotards, pink tights, ballet wrap or shorts & Black Ghillies. You may wear a T-shirt over your leotard, **Hair:** worn in a bun.

Guys: Jazz or lightweight sweatpants, Athletic T-Shirt & Black Ghillies

Guys & Girls: Bring a pair of regular socks to wear with Hard Shoes.

Theatre & Vocal Classes: Guys and Girls: Comfortable clothing and *clean* athletic shoes.

Where the joy in our hearts puts a leap in our steps!